Completing your COVID lateral flow home test

- **Clean and dry the area to be used to complete your test**
- **Clean your hands for 20 seconds using soap and water**
- **Collect all of the equipment that you will need for 1 test**

- **Snap open a vial of testing solution and squeeze all of the contents into your extraction tube**

- **Locate where your tonsils are (or where they were if you have had them removed) and swab both tonsils firmly 4 times each using the brush end of the swab**

- **Place the same swab into both nostrils (about 2.5cm deep), swab firmly each nostril in circles 10 times**

- **Place the swab immediately into the extraction tube swab end into the solution, lift the extraction tube out of the holder and squeeze the bottom of the tube with the swab still in it for 15 seconds**

- **After 15 seconds remove the swab whilst still squeezing the bottom of the extraction tube and place the used swab in a plastic waste bag provided. Press the cap tightly onto the extraction tube.**
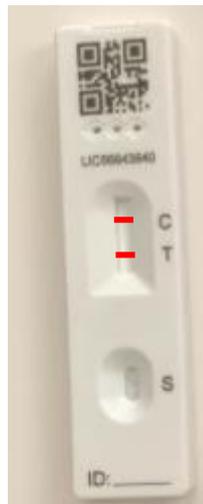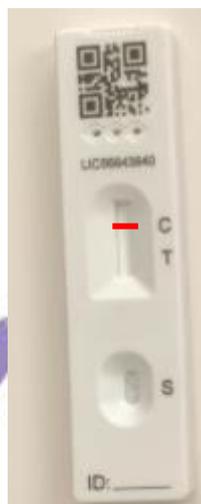
- **Squeeze 2 drops of the solution into the specimen well of the test strip. This is the single well marked S, and then place the extraction tube into the same plastic waste bag.**

- **Record the time, wait for 30 minutes (no longer) to record the results of the test**

30 min

- **Look at the test strip to check the result of your test. The results you may see are below:**

NEGATIVE	POSITIVE	VOID
Continue to follow COVID rules	You and your household must isolate following Government guidelines. Book and complete a PCR test. You MUST inform school of this result	The test has not run correctly; complete the full test again using a new test kit. If you receive 2 void results in a row you must have a PCR test

- **You need the QR code , or the ID number under it on the test strip to report your results**
- **Report the result online on**
  www.gov.uk/report-covid19-result

Report a COVID-19 rapid lateral flow test result

Use this service to report your result to the NHS after using a rapid lateral flow test kit to check if you're infectious with coronavirus (COVID-19).

A rapid lateral flow test is a coronavirus test you do yourself. It shows you the result on a handheld device that comes with the test.

Report the result:

- every time you use a rapid lateral flow test kit
- as soon as possible after you get the result

You cannot report a result after more than 24 hours.

You can only report one result at a time.

Start now >

Before you start

To use this service, you need:

- the barcode on the test strip or the ID number printed under it (the test strip is the part of the kit that shows your result)
- a mobile phone number so we can text you to confirm we've got your result

Report by phone

You can also report your test result by calling the phone number in your test kit's instructions.

- **Work through the questions, we would suggest setting up an account if you do not already have one, as this makes the reporting easier for future tests.**
- **Choose Report a COVID-19 test result**

Welcome to your Test and Trace account

Report a COVID-19 test result

Use this service to report your result to the NHS.

Choose 'A school, college or other education provider', then 'I go to school (students and pupils)'

Who was the test for?

If you're reporting a result for someone else, answer for them.

If you're in the household or support bubble of someone who goes to or works at a school: select the "schools" option unless you got the test from your employer or a social care service.

- ○ A social care service
- ● A school, college or other education provider
- ○ The NHS as part of staff testing (NHS England, Wales and Northern Ireland only)
- ○ An employer (not listed above) as part of their workplace testing programme
- ○ None of the above

Continue

Which of these best describes you?

If you're reporting a result for someone else, answer for them.

- ○ I work at a school (teaching and non-teaching staff)
- ● I go to school (students and pupils)
- ○ I'm in the same household as someone who goes to school, or works at one
- ○ I'm in a support or childcare bubble of someone who goes to school, or works at one

Continue

- **Enter the school name or postcode (below)**

What's the name or postcode of the school or college?

Enter the name of the school or college or its postcode and select from the options provided.

Name or postcode of school or college

Enter 3 or more characters

Outwood Academy Foxhills (DN15 8LJ)

Continue

- **You can either use your camera and scan the QR code or you can type in the code exactly as it is shown on the test strip**

- **Report the result from the strip as Negative, Positive or Void (as identified from the pictures above)**
- **Place the test strip in the waste bag with the other contents from the test and dispose in your normal household waste**

Please remember to inform us if the test is positive this can be by email on enquiries@foxhills.outwood.com

or by phone on 01724 708080.

We will need to know the name and year group of the student, the date of the positive test.